



# HARVARD MEDICAL SCHOOL

## DEPARTMENT OF CONTINUING EDUCATION

# SCHOOL MENTAL HEALTH: TREATING STUDENTS K-12

**JANUARY 29-30, 2010**

**BOSTON PARK PLAZA HOTEL**

*offered by*

**THE DEPARTMENT OF PSYCHIATRY  
CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION**

*under the direction of*

**Ross W. Greene, Ph.D.**

**Judy Reiner Platt, Ed.D.**

**Nancy Rappaport, M.D.**

The objective of this course is to assist clinicians and school personnel in optimizing the academic performance and social well being of children and adolescents at school. As a result of attending this program, participants will be able to identify strategies to promote learning, resiliency, and social and emotional growth, as well as to support collaboration among students, administrators, mental health professionals, and family members. Participants will be able to describe ways to assess and treat learning differences, autism, depression, trauma, bullying, violence, substance abuse, and other risk-taking and/or disruptive behaviors commonly found in schools. This course is intended for mental health and health clinicians, educators, researchers, administrators, and others interested in the well being of students.

**For further information contact:** Cambridge Health Alliance Physicians Organization (CHAPO-CME) P.O. Box 398075-Inman Square, Cambridge, MA 02139 by Phone: 617-503-8445, Fax: 617-503-8460, Email: [cme@challiance.org](mailto:cme@challiance.org) or Web: [www.cambridgecme.org](http://www.cambridgecme.org)

**FRIDAY – JANUARY 29, 2010**

**8:00 - 8:45 REGISTRATION AT THE BOSTON PARK PLAZA HOTEL**

**8:45 - 12:45 MORNING PROGRAM** - Moderator: Nancy Rappaport

The Neurobiology of Learning: What it Means for School Practice..... David K. Urion  
 The Role of Playfulness in Helping Children Reach Their True Potential ..... Steven Gross  
 Response to Intervention (RTI):  
 Strategies for Maximizing Achievement and Reducing Problems..... Rachel Brown-Chidsey  
 Transforming School Discipline:  
 Bringing Challenging Students Back from the Brink ..... Ross W. Greene

**12:45 - 2:00 BREAK**

**2:00 - 5:00 AFTERNOON PROGRAM** - Moderator: Xenia Johnson

Working with 'Acting-Out' Boys:  
 Fostering Strengths and Creating Possibilities ..... William S. Pollack  
 Working with 'Acting-Out' Girls: Special Issues, Special Concerns..... Elizabeth Sparks  
 Gangs, Crews, and Cliques in Schools: What to Look for and What to Do About It ... James Barrett

**SATURDAY – JANUARY 30, 2010**

**8:45 - 12:45 MORNING PROGRAM** - Moderator: Gloria Acosta

Prevention and Intervention:  
 School Based Approaches for Addressing Depression..... Nadja Noreen Reilly  
 Helping Traumatized Children Learn ..... Joel M. Ristuccia  
 Addiction and Education: What Happens to Students  
 Who Become Addicted and What Do We Do? ..... Michelle D. Lipinski  
 School Based Strategies for Bullying Prevention and Intervention ..... Stan Davis

**12:45 - 2:00 BREAK**

**2:00 - 5:00 AFTERNOON PROGRAM** - Moderator: Ross W. Greene

Tools for Working with Children on the Autism Spectrum ..... Karen Levine  
 Changing Behaviors through Social Skills Interventions ..... MaryAnne Cavaca  
 Staying Passionate and Creative when Working in the School:  
 Self-Preservation through Self-Reflection ..... Nancy Rappaport

**SCHOOL MENTAL HEALTH**

**January 29-30, 2010**

Course # 302466

**Physicians' Fee: \$350 (USD)**

**All Others: \$275 (USD)**

**(Including Residents and Fellows with letter of verification)**

*(Please Print Clearly - All Fields Required)*

Full Name \_\_\_\_\_

Last

First

Middle Initial

Mailing Address \_\_\_\_\_

Street

City

State

Zip

Daytime Phone (\_\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_\_) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Please check if you want to be **excluded** from receiving email notices of future Harvard Medical School Department of Continuing Education programs.

(circle one):

Physician    Psychologist    Nurse    Social Worker    Family Therapist    Counselor    Educator    Student    Other: \_\_\_\_\_

**Check is enclosed:** Please make your check payable to *Harvard Medical School* and mail it with this registration form to:

**Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**

Payment by Credit Card (Visa or Mastercard) is ONLY accepted at: [www.cme.hms.harvard.edu/courses/schoolmentalhealth](http://www.cme.hms.harvard.edu/courses/schoolmentalhealth)

## GENERAL INFORMATION

### REGISTRATION:

**Physicians - \$350 All Others - \$275 (including Residents and Fellows in Training with letter of verification)**

All foreign payments must be made by a draft on a United States bank or by Visa or Mastercard. If paying by check, make it payable to Harvard Medical School and mail with completed registration form to: **Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**. If paying by credit card, please register online at [www.cme.hms.harvard.edu/courses/schoolmentalhealth](http://www.cme.hms.harvard.edu/courses/schoolmentalhealth) **Telephone, Fax, or mail-in registrations by credit card are not accepted**. Inquiries should be directed to the above address, made by phone, (617) 384-8600, Monday-Friday, 10 a.m. to 4 p.m. (EST) or by e-mail: [hms-cme@hms.harvard.edu](mailto:hms-cme@hms.harvard.edu). Upon receipt of registration, a confirmation letter will be mailed to the address listed on the form. **Program changes/substitutions may be made without notice.**

### ONLINE INFORMATION:

**To ensure proper registration, please add the first three letters of the source code found at the bottom of the registration form.** To register by credit card, or to view course information, visit: [www.cme.hms.harvard.edu/courses/schoolmentalhealth](http://www.cme.hms.harvard.edu/courses/schoolmentalhealth)

### REFUND POLICY:

A handling fee of \$60 (USD) is deducted for cancellation. Refund requests must be received by mail or fax (617) 384-8686 one week prior to the course. No refund will be made thereafter.

### COURSE LOCATION AND ACCOMMODATIONS:

All sessions will be held at **The Boston Park Plaza Hotel. Hotel rooms in Boston are limited; you are urged to make your reservations early.** A block of rooms has been reserved at **The Boston Park Plaza Hotel**, 64 Arlington Street, Boston, MA 02116 (617) 426-2000 or (800) 225-2008 until **January 9, 2010**. Please specify that you are enrolled in this course to receive a reduced room rate. A map of Boston listing local hotels will be sent with your confirmation of enrollment. For additional housing assistance, please call Boston Reservations at (617) 332-4199 or [BostonReservations.com](http://BostonReservations.com)

### TRAVEL INFORMATION:

Reservations may be made by calling the HMS Travel Desk toll free 1 (877) 4-HARVMD (1-877-442-7863) Monday-Friday 9 a.m. - 8 p.m. (EST). From outside the US, Canada and Virgin Islands, please call 617-559-3764.

### CONTINUING EDUCATION:

**PHYSICIANS:** Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designates this educational activity for a maximum of 14 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS:** The Cambridge Health Alliance, Psychiatry Continuing Education Division, is approved by the American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance maintains responsibility for this program and its content. This course offers 14 continuing education credits.

**COUNSELORS and EDUCATORS:** The Cambridge Health Alliance, Psychiatry Continuing Education Division, is an Approved Continuing Education Provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Cambridge Health Alliance solely is responsible for all aspects of the program. This program is approved for 14 clock hours, Provider # 5444, and is also applicable for Commonwealth of Massachusetts Counseling/Allied Mental Health accreditation and PDP Educator accreditation for 14 credits.

**NURSES:** The American Nurses Credentialing Center, Commission on Accreditation, accepts continuing education from the Accreditation Council on Continuing Medical Education (ACCME) toward recertification. The Cambridge Health Alliance, Psychiatry Continuing Education Division, verifies that this course is a planned, organized learning experience designed to augment the knowledge, skills, and attitudes for the enhancement of nursing practice to the end of improving health care to the public as mandated by Massachusetts Regulation 244 CMR 5.00 toward relicensing requirements. This course offers 16.8 hours.

**SOCIAL WORKERS, ADDICTION COUNSELORS and FAMILY THERAPISTS:** Application for continuing education credit has been made to the Massachusetts Chapter of the National Association of Social Workers, the Massachusetts Board of Substance Abuse Counselor Certification (MVCAC/MBSACC), and the CT, MA, and RI Chapters of The Association for Marriage and Family Therapy. 14 credits are pending.

**THIS COURSE IS APPROVED FOR 14 RISK MANAGEMENT CREDITS**

### 2009-2010 CAMBRIDGE/HARVARD CALENDAR

November 6-7	Couples	March 5-6	Addictions
November 20-21	Autism	April 9-10	Child Psychotherapy
December 11-12	Anxiety Disorders	May 7-8	Meditation and Psychotherapy
January 29-30	School Mental Health		

## FACULTY

**GLORIA ACOSTA, LICSW**, Clinical Social Worker, Teen Health Center, Cambridge Rindge and Latin School, and Union Square Family Health Center, Cambridge Health Alliance

**JAMES BARRETT, Ph.D.**, Psychologist, Outpatient Child and Adolescent Psychiatry, Cambridge Health Alliance; Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Consultant, Youth and Family Services Unit, Cambridge Police Department; Contributor to: *The Community Psychologist*, *Professional School Counseling*, *The Handbook of Human Development for Health Professionals*

**RACHEL BROWN-CHIDSEY, Ph.D.**, Psychologist, Alaska and Maine; Associate Professor of School Psychology, University of Southern Maine, Gorham; Author of numerous articles and books including: *Assessment for Intervention: A Problem-Solving Approach*; *Response to Intervention: Principles and Strategies*; *RTI in the Classroom: Guidelines and Recipes for Success*

**MARYANNE CAVACA, MS, MSW**, Education Facilitator, Brockton Public Schools; Former Adjunct Professor, Fitchburg State College and Boston College Graduate School of Social Work

**STAN DAVIS, BA, CSW**, School Counselor and National/International Consultant; Co-Author: *Schools Where Everyone Belongs: Practical Strategies for Reducing Bullying in the Schools*; *Empowering Bystanders in Bullying Prevention*

**ROSS W. GREENE, Ph.D.**, Consultant; Associate Clinical Professor, Harvard Medical School; Author: *Lost at School: Why Our Kids with Behavioral Challenges are Falling through the Cracks - and How We Can Help Them*; *The Explosive Child*

**STEVEN GROSS, MSW**, Founding Playmaker and Executive Director, Project Joy, Boston

**XENIA JOHNSON, M.D.**, Director, Community Minority Affairs, Cambridge Health Alliance; Instructor in Psychiatry, Harvard Medical School

**KAREN LEVINE, Ph.D.**, Private Practice, Helping Children with Challenges, Lexington; Instructor in Psychology, Department of Psychiatry, Harvard Medical School at Cambridge Health Alliance; Co-Author: *Replays: Using Play to Enhance Emotional and Behavioral Development for Children with Autism Spectrum Disorders*; Contributing Author: *Developmental-Behavioral Pediatrics*; *Psychologists' Desk Reference*

**MICHELLE D. LIPINSKI, M.Ed.**, Director and Principal, North Shore Recovery High School, Beverly; Former Director and Creator, Salem High School Alternative Program; Communications Chairperson, Association of Recovery Schools

**JUDY REINER PLATT, Ed.D.**, Director, Division of Continuing Education, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School

**WILLIAM S. POLLACK, Ph.D.**, Director, Centers for Men and Young Men, and Director of Continuing Education in Psychology, McLean Hospital; Associate Clinical Professor of Psychology, Department of Psychiatry, Harvard Medical School; Founder and Director, Real Boys® Educational Programs, and The National Violence Prevention and Study Center; Consultant to: United States Presidential Initiative; The National Campaign Against Youth Violence; United States Secret Service and its Safe Schools Initiative; Private Practice, Newton; Books include: *Real Boys' Voices*; *Real Boys: Rescuing Our Sons from the Myths of Boyhood*; *Real Boys Workbook*; *In a Time of Fallen Heroes: The Re-Creation of Masculinity*; *A New Psychology of Men*; *New Psychotherapy for Men*

**NADJA NOREEN REILLY, Ph.D.**, Director, Swensrud Depression Prevention Initiative, Children's Hospital Boston; Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Author: *Preventing Depression: A Toolkit for Schools*

**NANCY RAPPAPORT, M.D.**, Director of School Programs, Cambridge Health Alliance; Assistant Professor of Psychiatry, Harvard Medical School; Author: *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide*; Contributing Author: *Innovative Strategies for Preventing Psychological Problems*; *Handbook of School Mental Health*; *Child and Adolescent Psychiatric Clinics of North America, 2006*

**JOEL M. RISTUCCIA, Ed.M.**, School Psychologist and Consultant; Member, Trauma in Learning Policy Initiative, Massachusetts Advocacy for Children; Co-Author: *Helping Traumatized Children Learn*

**ELIZABETH SPARKS, Ph.D.**, Associate Dean of Graduate Studies, Lynch School of Education, and Faculty, Counseling Psychology Program, Boston College; Faculty, Jean Baker Miller Training Center, Wellesley College; Private Practice, Brookline; Contributing Author: *Psychotherapy Revealed: Therapists Speak about Self-Disclosure in Psychotherapy*; *Promoting Social Justice Through Mental Health Practice*; *How Connections Heal: Stories from Relational-Cultural Therapy*

**DAVID K. URION, M.D.**, Director, Learning Disabilities/Behavioral Neurology Program, and Director of Education, Department of Neurology, Children's Hospital Boston; Associate Professor of Neurology, Harvard Medical School; Author: *Compassion as a Subversive Activity*