



HARVARD MEDICAL SCHOOL

DEPARTMENT OF CONTINUING EDUCATION

TREATING THE ADDICTIONS

MARCH 5-6, 2010

BOSTON PARK PLAZA HOTEL

offered by

**THE DEPARTMENT OF PSYCHIATRY
CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION**

under the direction of

Mark J. Albanese Janice F. Kauffman Edward J. Khantzian Judy Reiner Platt

The objective of this course is to present the latest clinical, theoretical, and research findings on the addictions. At its conclusion, participants will be able to describe and categorize addictive behaviors as well as delineate recent advances in treatment. They will be able to identify ways to treat addiction and to recognize the biological, psychological, and socio-cultural influences and consequences of addictive behaviors for children, adolescents, adults, and their families. Attendees will be able to analyze emerging trends, diverse therapeutic interventions, and risk management strategies, as well as the relationship between trauma, self-injury, suicide, aggression, violence, and addictions. The course is intended for all health and mental health professionals, addiction treatment and prevention specialists, researchers, educators, and others interested in the addictive disorders.

For further information contact: Cambridge Health Alliance Physicians Organization (CHAPO-CME) P.O. Box 398075-Inman Square, Cambridge, MA 02139; Phone: 617-503-8445; Fax: 617-503-8460; Email: cme@challiance.org; Web: www.cambridgecme.org

FRIDAY – MARCH 5, 2010

8:00 - 8:45 REGISTRATION AT THE BOSTON PARK PLAZA HOTEL

8:45 - 12:45 MORNING PROGRAM - Moderator: Edward J. Khantzian

Norman E. Zinberg Memorial Lecture:

Exploring the Neurocircuitry of the Brain and Its Impact on Addiction Treatment..... George F. Koob

Trauma and Addictions: Implications for Treatment Judith Lewis Herman

Understanding, Managing, and Treating Suicidal and Self-Injurious Behavior in Substance Abusers..... Barent Walsh

Working with the Aggressive and/or Criminal Substance Abuser Carl E. Fulwiler

12:45 - 2:00 BREAK (Open Meetings)

2:00 - 5:00 AFTERNOON PROGRAM - Moderator: Ana Nava

America Anonymous: Inside our Culture of Addictions Benoit Denizet-Lewis

Combining AA and Other Mutual-Help Programs with Treatment John F. Kelly

Addiction as a Continuum Disorder: Expanding the Scope of Treatment..... Marilyn Freimuth

SATURDAY, MARCH 6, 2010

8:45 - 12:45 MORNING PROGRAM - Moderator: Mark J. Albanese

Strategies for Adolescent Substance Abuse Treatment John Rodolico

When a Parent Has a Drinking Problem: How Clinicians Can Help Celeste R. Wilson

An Update on Pharmacotherapy for Addictions:

Indications and Contraindications John A. Renner, Jr.

Pain and Addictions: What We Know and Don't Know Janice F. Kauffman

12:45 - 2:00 BREAK (Open Meetings)

2:00 - 5:00 AFTERNOON PROGRAM - Moderator: Sara W. Brenner

The Relationship between Body Dysmorphic Disorder and Addiction David A. Sack

Understanding and Treating Sexual Addictions..... Joseph Winn

Understanding and Treating the High Functioning Alcoholic:

Professional Perspectives and Personal Insights Sarah Allen Benton

TREATING THE ADDICTIONS

March 5-6, 2010

Course #302398

Physicians' Fee: \$350 (USD)

All Others*: \$275 (USD)

(*Including Residents and Fellows with letter of verification)

(Please Print Clearly - All Fields Required)

Full Name _____

Last

First

Middle Initial

Mailing Address _____

Street

City

State

Zip

Daytime Phone (_____) _____ Fax (_____) _____

E-Mail Address _____

Please check if you want to be **excluded** from receiving email notices of future Harvard Medical School Department of Continuing Education programs.

(circle one):

Physician Psychologist Nurse Social Worker Family Therapist Counselor Educator Student Other: _____

Check is enclosed: Please make your check payable to *Harvard Medical School* and mail it with this registration form to:

Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825

Payment by Credit Card (Visa or Mastercard) is ONLY accepted at: www.cme.hms.harvard.edu/courses/addictions

GENERAL INFORMATION

REGISTRATION:

Physicians - \$350 All Others - \$275 (including Residents and Fellows in Training with letter of verification)

All foreign payments must be made by a draft on a United States bank or by Visa or Mastercard. If paying by check, make it payable to Harvard Medical School and mail with completed registration form to: **Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**. If paying by credit card, please register online at www.cme.hms.harvard.edu/courses/addictions Telephone, Fax, or mail-in registrations by credit card are not accepted. Inquiries should be directed to the above address, made by phone, (617) 384-8600, Monday-Friday, 10 a.m. to 4 p.m. (EST) or by e-mail: hms-cme@hms.harvard.edu. Upon receipt of registration, a confirmation letter will be mailed to the address listed on the form. **Program changes/substitutions may be made without notice.**

ONLINE INFORMATION:

To ensure proper registration, please add the first three letters of the source code found at the bottom of the registration form. To register by credit card, or to view course information, visit: www.cme.hms.harvard.edu/courses/addictions

REFUND POLICY:

A handling fee of \$60 (USD) is deducted for cancellation. Refund requests must be received by mail or fax (617) 384-8686 one week prior to the course. **No refund will be made thereafter.**

COURSE LOCATION AND ACCOMMODATIONS:

All sessions will be held at **The Boston Park Plaza Hotel**. Hotel rooms in Boston are limited; you are urged to make your reservations early. A block of rooms has been reserved at **The Boston Park Plaza Hotel**, 64 Arlington Street, Boston, MA 02116 (617) 426-2000 or (800) 225-2008 until **February 12, 2010**. Please specify that you are enrolled in this course to receive a reduced room rate. A map of Boston listing local hotels will be sent with your confirmation of enrollment. For additional housing assistance, please call Boston Reservations at (617) 332-4199 or BostonReservations.com

TRAVEL INFORMATION:

Reservations may be made by calling the HMS Travel Desk toll free 1 (877) 4-HARVMD (1-877-442-7863) Monday-Friday 9 am. - 8 p.m. (EST). From outside the US, Canada and Virgin Islands, please call 617-559-3764.

CONTINUING EDUCATION:

PHYSICIANS: Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designates this educational activity for a maximum of 14 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: The Cambridge Health Alliance, Psychiatry Continuing Education Division, is approved by the American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance maintains responsibility for this program and its content. This course offers 14 continuing education credits.

COUNSELORS and EDUCATORS: The Cambridge Health Alliance, Psychiatry Continuing Education Division, is an Approved Continuing Education Provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Cambridge Health Alliance solely is responsible for all aspects of the program. This program is approved for 14 clock hours, Provider # 5444, and is also applicable for Commonwealth of Massachusetts Counseling/Allied Mental Health accreditation and PDP Educator accreditation for 14 credits.

NURSES: The American Nurses Credentialing Center, Commission on Accreditation, accepts continuing education from the Accreditation Council on Continuing Medical Education (ACCME) toward recertification. The Cambridge Health Alliance, Psychiatry Continuing Education Division, verifies that this course is a planned, organized learning experience designed to augment the knowledge, skills, and attitudes for the enhancement of nursing practice to the end of improving health care to the public as mandated by Massachusetts Regulation 244 CMR 5.00 toward relicensing requirements. This course offers 16.8 hours.

SOCIAL WORKERS and FAMILY THERAPISTS: Application for continuing education credit has been made to the Massachusetts Chapter of the National Association of Social Workers, and the CT, MA, and RI Chapters of The Association for Marriage and Family Therapy. 14 credits are pending.

ADDICTION SPECIALISTS: Application for continuing education credit has been made to the Massachusetts Board of Substance Abuse Counselor Certification (MCVCAC/MBSACC) for 14 credits. This program is approved by the American Academy of Health Care Providers in the Addictive Disorders for 14 Continuing Education Credits.

THIS COURSE IS APPROVED FOR 14 RISK MANAGEMENT CREDITS

2009-2010 CAMBRIDGE/HARVARD CALENDAR

November 6-7	Couples	March 5-6	Addictions
November 20-21	Autism	April 9-10	Child Psychotherapy
December 11-12	Anxiety Disorders	May 7-8	Meditation and Psychotherapy
January 29-30	School Mental Health		

FACULTY

MARK J. ALBANESE, M.D., Director, Addiction Treatment Services, Associate Medical Director, Behavioral Health, Network Health, and Faculty, Division on Addictions, Cambridge Health Alliance; Assistant Clinical Professor of Psychiatry, Harvard Medical School; Co-Author: *Understanding Addiction as Self Medication: Finding Hope Behind the Pain*

SARAH ALLEN BENTON, MS, LMHC, Counselor, Emmanuel College Counseling Center, Boston; Vice-President, Obsessive-Compulsive Foundation, Boston; Author: *Understanding the High-Functioning Alcoholic: Professional Views and Personal Insights*

SARA W. BRENNER, LICSW, BCD, CAS, Addiction Specialist, Department of Psychiatry, Brigham and Women's Hospital; Lecturer on Psychiatry, Harvard Medical School; Private Practice, Newton

BENOIT DENIZET-LEWIS, Non-Fiction Author; Contributing Writer: *New York Times Magazine*; Author: *America Anonymous: Eight Addicts in Search of a Life*; *American Voyager: Dispatches from the Far Reaches of Modern Life* (in press)

MARILYN FREIMUTH, Ph.D., Faculty Chair, School of Psychology, Fielding Graduate School; Private Practice, New York, New York, and De Pere, Wisconsin; Editorial Board: *Journal of Groups in Addiction and Recovery*; Author: *Hidden Addictions: Assessment Practices for Psychotherapists, Counselors, and Health Care Providers*; *Addicted? Recognizing Destructive Behavior Before It's Too Late*

CARL E. FULWILER, M.D., Ph.D., Acting Director, Center for Mental Health Services Research, and Assistant Professor, University of Massachusetts Medical School; Author of numerous articles

JUDITH LEWIS HERMAN, M.D., Training Director, Victims of Violence Program, Department of Psychiatry, Cambridge Health Alliance; Clinical Professor of Psychiatry, Harvard Medical School; Recipient: Lifetime Achievement Award, International Society for Traumatic Stress Studies (1996), Woman in Science Award, American Medical Women's Association (2000), and Distinguished Life Fellow, American Psychiatric Association (2007); Author of award winning books: *Father-Daughter Incest*; *Trauma and Recovery*

JANICE F. KAUFFMAN, RN, MPH, CAS, LADC 1, Vice-President, Addiction Treatment Services, North Charles Foundation, Cambridge/Somerville; Director, Addiction Psychiatry Service, Brigham and Women's Hospital; Assistant Professor of Psychiatry, Harvard Medical School at Cambridge Health Alliance; Chair, Policy Committee and Massachusetts Representative, The American Association for the Treatment of Opioid Dependence; Co-Chair, Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs: A SAMHSA/CSAT Treatment Improvement Protocol

JOHN F. KELLY, Ph.D., Associate Director, Center for Addiction Medicine, and Director, Addiction Recovery Management Service, Massachusetts General Hospital; Associate Professor in Psychiatry, Harvard Medical School; Board Member, Executive Committee, Division on Addictions, American Psychological Association; Scientific Reviewer for the National Institute of Alcohol Abuse and Alcoholism, and the Substance Abuse and Mental Health Services Administration; Associate Editor: *Journal of Substance Abuse Treatment*; *Addiction*; Author of numerous publications and recipient of numerous grants

EDWARD J. KHANTZIAN, M.D., Associate Chief Emeritus of Psychiatry, Tewksbury Hospital; Clinical Professor of Psychiatry, Harvard Medical School at Cambridge Health Alliance; President and Chairman of the Board of Directors, Physician Health Services, Massachusetts Medical Society; Author: *Treating Addiction as a Human Process*; Co-Author: *Addiction and The Vulnerable Self: Modified Dynamic Group Therapy for Substance Abusers*; *Understanding Addiction as Self Medication: Finding Hope Behind the Pain*

GEORGE F. KOOB, Ph.D., Professor and Chair, Committee on the Neurobiology of Addictive Disorders, and Director, Alcohol Research Center, Scripps Research Institute; Adjunct Professor, Psychology and Psychiatry, and Pharmacy, University of California, San Diego; Recipient of numerous awards and author/co-author of numerous publications including *Neurobiology of Addiction*; *Encyclopedia of Behavioral Neuroscience, Three-Volume Set, 1-3* (in press); *The Neurology of Addiction* (in press)

ANA NAVA, LICSW, Ph.D., Therapist, Outpatient Addiction Services, and Portuguese Mental Health Clinic, Cambridge Health Alliance; Teaching Associate, Harvard Medical School; Conference Organizer/Director, Massachusetts Alliance of Portuguese Speakers; Board Member, Jane Doe, Inc.

JUDY REINER PLATT, Ed.D., Director, Division of Continuing Education, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School

JOHN A. RENNER, Jr., M.D., Associate Chief, Psychiatry Services, Boston Veterans Administration Outpatient Clinic; Associate Professor of Psychiatry, Boston University School of Medicine; Consultant, Department of Psychiatry, Massachusetts General Hospital; Faculty, Division on Addictions, Cambridge Health Alliance; Vice Chairperson, American Psychiatric Association Council on Adult Psychiatry; Author of numerous publications

JOHN RODOLICO, Ph.D., Director, Adolescent Addictions Training, and Clinical Psychologist, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Contributing Author: *Rethinking Substance Abuse: What the Science Shows and What We Should Do About It*

DAVID A. SACK, M.D., Chief Executive Officer, Promises Treatment Centers, and Elements Behavioral Health, Malibu and West Los Angeles, California

BARENT WALSH, MSW, Ph.D., Executive Director, The Bridge, Worcester; Contributing Author: *Understanding Non-Suicidal Self-Injury: Origins, Assessment and Treatment*; Author: *Treating Self-Injury: A Practical Guide*; *Self-Mutilation: Theory, Research, and Treatment*

CELESTE R. WILSON, M.D., Associate Investigator, Center for Adolescent Substance Abuse Research, Associate Medical Director, Child Protection Program, and Assistant in Medicine, Children's Hospital Boston; Instructor in Pediatrics, Harvard Medical School; Principal Investigator, Parental Alcohol Screening in Pediatric Practices, Robert Wood Johnson Foundation

JOSEPH WINN, LICSW, Private Practice, Social Work and Sex Therapy, Arlington