



# HARVARD MEDICAL SCHOOL

## DEPARTMENT OF CONTINUING EDUCATION

# TREATING COUPLES

## NOVEMBER 6-7, 2009

**BOSTON PARK PLAZA HOTEL**

offered by

**THE DEPARTMENT OF PSYCHIATRY  
CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION**

under the direction of

**Jill Elka Harkaway**

**Judy Reiner Platt**

**David C. Treadway**

The objective of this course is to identify new treatment and research advances. Bio-psycho-social considerations will be addressed. As a result of attending this course, participants will expand their knowledge of couples work by learning how to improve relationships; work with stressors that effect couples such as financial issues, domestic violence, and addiction abuse; and learn techniques to work with high conflict and challenging couples. The course is intended for all mental health and medical clinicians, marriage and family therapists, and others interested in couples and couple therapy.

**For further information:** Cambridge Health Alliance Physicians Organization (CHAPO-CME), P.O. Box 398075-Inman Square, Cambridge, MA 02139 by Phone: (617) 503-8445; Fax: (617) 503-8460; Email: [cme@challiance.org](mailto:cme@challiance.org); Web: [www.cambridgecme.org](http://www.cambridgecme.org)

### FRIDAY - NOVEMBER 6, 2009

**8:00 - 8:45 REGISTRATION AT THE BOSTON PARK PLAZA HOTEL**

**8:45 - 12:45 MORNING PROGRAM** - Moderator: Jill Elka Harkaway

#### FOSTERING CONNECTIONS

What's Love Got to Do with It?

Updates on the Neurobiology of Attraction and Attachment ..... Janice L. Funk

Joined Imaginations: Writing and Language in Couple Therapy ..... Peggy Penn

Sex, Sexuality, and Sex Therapy: Female and Male Perspectives ..... Gina Ogden,  
David C. Treadway

**12:45 - 2:00 BREAK**

**2:00 - 5:00 AFTERNOON PROGRAM** - Moderator: Kelly T. Woyewodzic

#### STRESSORS FOR COUPLES

Working with Couples around Financial Issues:

Helping Them Understand the Spirit and Value of Money ..... George Kinder

Domestic Violence: Challenges and Opportunities for Intervention ..... Ann Fleck-Henderson

Behavioral Couple Therapy for Alcoholism and Drug Abuse ..... Timothy J. O'Farrell

### SATURDAY - NOVEMBER 7, 2009

**8:45 - 12:45 MORNING PROGRAM** - Moderator: Holly Friedman-Housman

#### FOSTERING RELATIONSHIPS

Intimacy Occurs in the Moment: Teaching Couples to Connect ..... Stuart N. Simon

Staying with One Person in a Disposable World: How Married Couples Do It.. Scott Haltzman

Understanding the World of Divorce through the Lens of a Mediator..... Lenard Marlow

Stepfamilies: Ways to Live With Each Other..... Judy Osborne

**12:45 - 2:00 BREAK**

**2:00 - 5:00 AFTERNOON PROGRAM** - Moderator: Carol Becker

#### STRESSORS FOR THERAPISTS

Strategies for Dealing with Difficult Partners ..... Judith P. Leavitt

Understanding and Treating High Conflict and Emotionally Distant Couples:

What Gottman Has to Offer ..... Robert L. Miller

Discussion and Reflections ..... Jill Elka Harkaway,  
David C. Treadway

### TREATING COUPLES

November 6-7, 2009

Course #291326

Physicians' Fee: \$350 (USD)

All Others\*: \$275 (USD)

(\*Including Residents and Fellows with letter of verification)

(Please Print Clearly - All Fields Required.)

Full Name \_\_\_\_\_  
First Middle Last

Mailing Address \_\_\_\_\_  
Street City State Zip Code

Daytime Phone (\_\_\_\_) \_\_\_\_\_ Fax Number (\_\_\_\_) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Please check if you want to be **excluded** from receiving email notices of future Harvard Medical School Department of Continuing Education Programs. (circle one):

Physician Psychologist Nurse Social Worker Family Therapist Counselor Educator Student Other \_\_\_\_\_

**Check is enclosed:** Please make your check payable to *Harvard Medical School* and mail with this registration form to:

**Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**

Payment by Credit Card (Visa or Mastercard) is **only** accepted at [www.cme.hms.harvard.edu/courses/couples](http://www.cme.hms.harvard.edu/courses/couples)

Telephone, fax, or mailed registrations by credit card are not accepted.

## GENERAL INFORMATION

### REGISTRATION:

**Physicians - \$350 (USD) All Others - \$275 (USD) (including Residents and Fellows in Training with letter of verification)**  
All foreign payments must be made by a draft on a United States bank or by Visa or Mastercard. If paying by check, make it payable to *Harvard Medical School and mail with completed registration form to Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825.* If paying by credit card, please register online at [www.cme.hms.harvard.edu/courses/couples](http://www.cme.hms.harvard.edu/courses/couples)  
**Telephone, Fax, or mailed registrations by credit card are not accepted.** Inquiries should be directed to the above address, made by phone, (617) 384-8600, Monday-Friday, 10 a.m. to 4 p.m. (EST) or by e-mail: [hms-cme@hms.harvard.edu](mailto:hms-cme@hms.harvard.edu). Upon receipt of registration, a confirmation letter will be mailed to the address listed on the form. **Program changes/substitutions may be made without notice.**

### ONLINE INFORMATION:

To ensure proper registration, please add the first *three* letters of the source code found at the bottom of the registration form. To register by credit card or view course information online, visit: [www.cme.hms.harvard.edu/courses/couples](http://www.cme.hms.harvard.edu/courses/couples)

### REFUND POLICY:

A handling fee of \$60 is deducted for cancellation. Refund requests must be received by mail or Fax (617) 384-8686 one week prior to the course. **No refund will be made thereafter.**

### COURSE LOCATION AND ACCOMMODATIONS:

All sessions will be held at the **Boston Park Plaza Hotel. Rooms in Boston are limited; you are urged to make your reservations early.** A block of rooms has been reserved at the Boston Park Plaza, 64 Arlington Street, Boston, MA 02116 (617) 426-2000 or 800-225-2008 until October 20, 2009. Please specify that you are enrolled in this course to receive a reduced room rate of \$189 (excluding taxes). A map of Boston listing local hotels will be sent with your confirmation of enrollment. For additional housing assistance, please call Boston Reservations at (617) 332-4199 or [BostonReservations.com](http://BostonReservations.com)

### TRAVEL INFORMATION:

Please do not make non-refundable airline reservations until your enrollment in the course has been confirmed. Reservations may be made by calling the HMS Travel Desk toll free 1 (877) 4-HARVMD (1-877-442-7863) Monday-Friday 9 a.m. - 8 p.m. (EST). From outside the U.S., Canada and Virgin Islands, please call (617) 559-3764.

### CONTINUING EDUCATION:

**PHYSICIANS:** Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designates this educational activity for a maximum of 14 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS:** The Cambridge Health Alliance, Psychiatry Continuing Education Division, is approved by the American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance, Psychiatry Continuing Education Division, maintains responsibility for the program and its content. This course offers 14 credits.

**COUNSELORS AND EDUCATORS:** The Cambridge Health Alliance, Psychiatry Continuing Education Division, is an Approved Continuing Education Provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Cambridge Health Alliance solely is responsible for all aspects of the program. This program is approved for 14 clock hours, Provider #5444, and is also applicable for Commonwealth of Massachusetts **Counseling/Allied Mental Health** accreditation and **PDP Educator** accreditation for 14 credits.

**NURSES:** The American Nurses Credentialing Center, Commission on Accreditation, accepts continuing education from the Accreditation Council on Continuing Medical Education (ACCME) toward recertification. The Cambridge Health Alliance, Psychiatry Continuing Education Division, verifies that this course is a planned, organized learning experience designed to augment the knowledge, skills, and attitudes for the enhancement of nursing practice to the end of improving health care to the public as mandated by Massachusetts Regulation 244 CMR 5.00 toward relicensing requirements. This course offers 16.8 hours.

**SOCIAL WORKERS and FAMILY THERAPISTS:** Application for continuing education credit has been made to the Massachusetts Chapter of the National Association of Social Workers, and the CT, MA, and RI Chapters of The Association for Marriage and Family Therapy. 14 credits are pending.

## 2009-2010 CAMBRIDGE/HARVARD CALENDAR

November 6-7	Couples	March 5-6	Addictions
November 20-21	Autism	April 9-10	Child Psychotherapy
December 11-12	Anxiety Disorders	May 7-8	Meditation and Psychotherapy
January 29-30	School Mental Health		

## FACULTY

**CAROL BECKER, Ph.D.,** Founding Associate, Public Conversations Project, Cambridge; Board Member, American Family Therapy Academy; Consultant, Project on Negotiation, Harvard Law School

**ANN FLECK-HENDERSON, Ph.D., MSS,** Professor, Simmons College School of Social Work; Member: Department of Children and Families Domestic Violence Team, Hyde Park office; Committee on Domestic Violence and Sexual Assault, MA Chapter, National Association of Social Workers; Advisory Board, Guidance Center, Cambridge; Evaluator, Family Violence Prevention Project; Editorial Board: *Social Work, Journal of the National Association of Social Workers*

**HOLLY FRIEDMAN-HOUSMAN, LICSW,** Supervisor, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School; Candidate, Boston Psychoanalytic Society and Institute; Private Practice, Cambridge

**JANICE L. FUNK, Ph.D.,** Staff Neuropsychologist and Director, Memory Clinic, Whittier Rehabilitation Hospital, Haverhill; Associate Editor, *Cognition and Aging*

**SCOTT HALTZMAN, M.D.,** Clinical Assistant Professor of Psychiatry and Human Behavior, Warren Alpert Medical School, Brown University; Medical Director, NRI Community Services, Woonsocket, Rhode Island; Member, Conference Advisory Group, Coalition for Marriage, Family and Couples Education; Author: *The Secrets of Happily Married Men; The Secrets of Happily Married Women; The Secrets of Happy Families*; Contributing Author: *Men and Mental Health*

**JILL ELKA HARKAWAY, Ed.D.,** Instructor in Psychology, Department of Psychiatry, Harvard Medical School at Cambridge Health Alliance; Supervisor and Consultant, Couples Therapy Project, and Private Practice, Cambridge; Editor: *Eating Disorders*

**GEORGE KINDER, BA,** President, Kinder Institute of Life Planning; International Trainer, Certified Financial Planner<sup>®</sup>, Registered Life Planner<sup>®</sup>; Buddhist teacher; Author: *The Seven Stages of Money Maturity: Understanding the Spirit and Value of Money in Your Life; Lighting the Torch: The Kinder Method of Life Planning*

**JUDITH P. LEAVITT, Ed.D.,** Private Practice and Consultation in Psychotherapy and Sex Therapy, Sundance Counseling and Consulting, Wayland; Faculty, Massachusetts School of Professional Psychology; Former Faculty, Smith College School of Social Work; Author, *Common Dilemmas in Couple Therapy* (in press)

**LENARD MARLOW, J.D.,** Director of Legal Services, Divorce Mediation Professionals, Garden City, New York; Fellow, American Academy of Matrimonial Lawyers; Past President, New York State Council on Divorce Mediation; Author: *The Two Roads to Divorce; Divorce and the Myth of Lawyers; The Handbook of Divorce Mediation; Divorce Mediation: A Practice in Search of a Theory; Divorce Mediation: A New Vision of the Law; Metaphors for Mediators: Constructing a New Picture of the World of Divorce* (latter two in press)

**ROBERT L. MILLER, Ph.D.,** Private Practice, Cambridge and Stoneham; Certified Gottman Therapist

**TIMOTHY J. O'FARRELL, Ph.D., ABPP,** Chief, Families and Addiction Program, and Director, Counseling for Alcoholics' Marriages (CALM) Project, Department of Psychiatry, VA Boston Healthcare System; Professor of Psychology, Harvard Medical School; Author: *Behavioral Couples Therapy for Alcoholism and Drug Abuse; Treating Alcohol Problems: Marital and Family Interventions*

**GINA OGDEN, Ph.D., LMFT,** Sex Therapist, Researcher, and Private Practice, Cambridge; Author: *Women Who Love Sex; The Heart and Soul of Sex; The Return of Desire*; Contributor to: *Our Bodies, Ourselves*

**JUDY OSBORNE, MA, CAGS,** Marriage and Family Therapist; Director, Stepfamily Associates, Brookline; Author: *Stepfamilies: The Restructuring Process; Kinship: Life-Long Connections of Separated and Divorced Parents* (in progress)

**PEGGY PENN, MSW, Ph.D.,** Director, Project on Writing in Chronic Illness and Trauma, Ackerman Institute for the Family, New York, New York; International Lecturer and Consultant; Author: *Joined Imaginations: Writing and Language in Therapy; So Close*; Co-Author: *Milan Systemic Family Therapy: Conversations in Theory and Practice*

**JUDY REINER PLATT, Ed.D.,** Director, Continuing Education, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School

**STUART N. SIMON, LICSW,** Private Practice, Boston and Newton; Faculty: Cape Cod Training Program, Gestalt International Study Center, Wellfleet, and Boston University Corporate Education Center, Chelmsford; Contributing Author: *On Intimate Ground: A Gestalt Approach to Working with Couples*

**DAVID C. TREADWAY, Ph.D.,** Director, Treadway Training Institute, and Private Practice, Weston; National Workshop Leader and Trainer; Author: *Intimacy, Change and Other Therapeutic Mysteries: Stories of Clinicians and Clients; Before It's Too Late: Working with Substance Abuse in the Family; Dead Reckoning: A Therapist Confronts His Own Grief*

**KELLY T. WOYEWODZIC, M.D.,** Fellow, Division of Child and Adolescent Psychiatry, Department of Psychiatry, Harvard Medical School at Cambridge Health Alliance; Author of several articles